

2025 VLT Conference Luncheon Menu



Sandwiches

Individually wrapped sandwiches served with 12 oz Soft Drink or Bottled Water, Chips, Fresh Whole Fruit and freshly baked cookies

1	Turkey & Swiss	Served on Chef's choice of bread
2	GF Turkey & Swiss	Served on Gluten Free Bread
3	Vegan	Served on Chef's choice of bread
4	GF Vegan	Served on Gluten Free Bread
5	Ham & Swiss	Served on Chef's choice of bread
6	GF Ham & Swiss	Served on Gluten Free Bread

Salads

Served individually and offered with 12 oz Soft Drink or Bottled Water and a Dessert Bar.

7	Apple Gorgonzola with Chicken	Grilled Chicken Crisp mixed greens, Gorgonzola Cheese Crumbles, Candied walnuts, Sliced Apples and dressing on the side.
8	Apple Gorgonzola with Tofu	Tofu, Crisp mixed greens, Gorgonzola Cheese Crumbles, Candied walnuts, Sliced Apples and dressing on the side.
9	All "Kale Caesar" Salad with Chicken	Grilled chicken, baby kale, croutons, creamy garlic parmesan dressing on the side.
10	Baja Salad with Chicken	Seasoned Chicken, Garden Mixed Greens with Tri-Colored Corn Tortilla Strips, Black Beans, Roasted Corn, Black Olives, Cheddar Cheese, and Salsa. Served with Chipotle Ranch Dressing on the side.
11	Baja Salad with Tofu	Tofu, Garden Mixed Greens with TriColored Corn Tortilla Strips, Black Beans, Roasted Corn, Black Olives, Cheddar Cheese, and Salsa. Served with Chipotle Ranch Dressing on the side.
12	No Lunch Order	I won't be joining you for lunch.